



# Veterans' Forum

## How to Recognize and Cope With PTSD

Panel discussion to help veterans and family recognize and be aware of health issues that can occur with reintegration, with a focus on the warning signs of PTSD and depression.

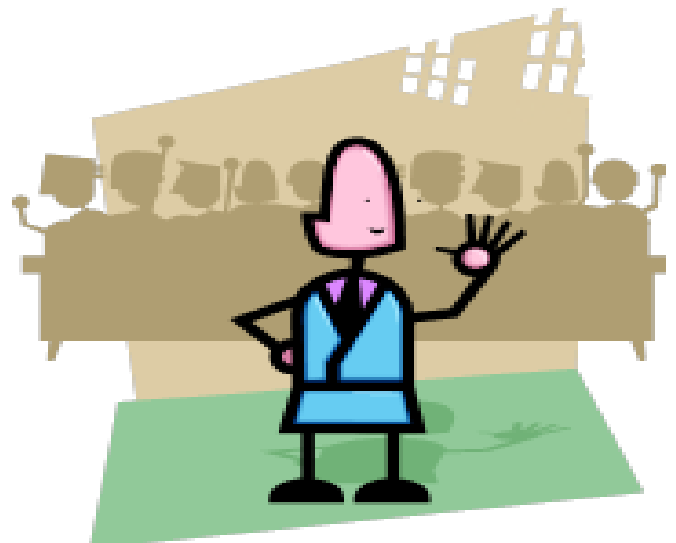
The Panel will include recently returned Veterans, Family Members and Counselors.

Intended for Veterans, Service Members, and their Families.

**Date: Tuesday, November 19, 2013**

**Time: 6:30 - 8:00 pm**

**Location: Bristol Main Library,  
Meeting Room #2**



**RSVP: Army Strong Community Center by November 14th  
860.584.6258 or 860.584.6257**