State Senator Paul Formica

State Senator Paul Formica represents the residents of the 20th Senatorial District, which includes Bozrah, East Lyme, a portion of Montville, New London, Old Lyme, a portion of Old Saybrook, Salem, and Waterford.

Senator Formica has been the owner and operator of Flanders Fish Market & Restaurant for 31 years. He has served as the First Selectman of East Lyme since 2007, crafting balanced budgets, encouraging bipartisan participation and reaching regional solutions with neighboring communities which aim to improve transportation, public safety and environmental policies. Prior to becoming First Selectman, he served as a member of the zoning commission and the Board of Finance.

Senator Formica has been Chairman of the Southeastern Connecticut Council of Governments, where he chaired the regional rail committee and served on the regional water committee that resulted in a tri-town interconnection to conserve and share water.

In addition to town responsibilities, Senator Formica has also served in a leadership capacity for many organizations, from Chambers of Commerce to The Heart Walk, and through membership has supported great causes from Rotary to Little League.

At the State Capitol, Senator Formica will push to make state government more efficient through fiscal discipline, work to ease the regulatory burden on businesses, and fight to preserve essential services for local communities.

A resident of East Lyme, he is a widower and the father of four adult children — three daughters and one son.